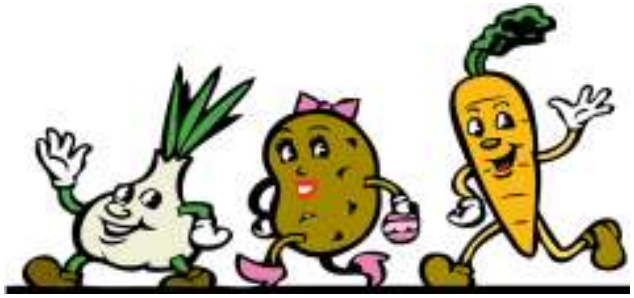
WINTER MENU 2018

CAMBO FIRST SCHOOL

WEEK 1



Homemade Items

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Jacket Potato with a Choice of Fillings	Pasta	Roast of the Day with Yorkshire Pudding	Minced beef Pie	Tuna or cheese Melt
Potatoes Pasta/Rice	Bread, beans and cheese	na	Roast Potatoes or Creamed Potatoes	Creamed/roast Potatoes	Roast/ Potato Wedges
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bowl	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Carrot Cake Fruit	Cheesecake fruit	Chocolate Cake/sauce fruit	Rice Pudding fruit	Heinz 57 /fruit

Fresh Fruit and Yoghurt available daily

Drinking Water is Available Daily on the Dining room Tables

Allergen Information is Available from NCC Web Site

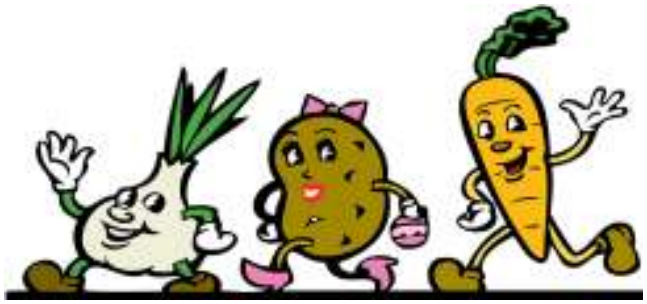
FUEL FOR LIFE

WINTER MENU 2018

CAMBO FIRST SCHOOL

WEEK 2

Homemade Items



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Homemade Soup/ Jacket Potatoes Choice of fillings	Pasta Sandwiches	Roast of the Day with Yorkshire Pudding	Chicken Pie or Sweet and sour Chicken	Homemade Pizza
Potatoes Pasta / Rice	Bread ham , cheese		Roast Potatoes	Creamed/roast Potatoes rice	Roast/Potato Wedges
Vegetables	Seasonal veg	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	beans
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Sponges with custard fruit	Fruit Cheesecake fruit	Syrup sponge custard fruit	Fruit whip /Flapjack / shortbread with a glass of milk	Heinz 57

Fresh Fruit & Yoghurt available

Drinking Water is Available Daily on the Dining room Tables

Allergen Information is Available from the Catering Manager or NCC Web Site

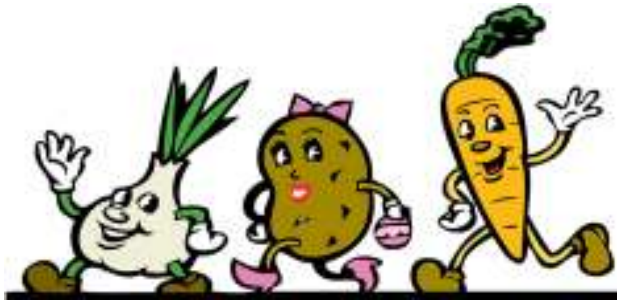
FUEL FOR LIFE

WINTER MENU 2018

CAMBO FIRST SCHOOL

WEEK 3

Homemade Items



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Wraps With choice of fillings	Cheesy Pasta	Roast of the Day with Yorkshire Pudding	Tuna /cheese melt	Oven baked sausages
Potatoes Pasta / Rice	Jacket Potato Wedges	Pasta	boiled Potatoes	Boiled Potatoes	Roast/boiled Potatoes
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Starters or Sweets	Chocolate Brownie/Fruit and Milk or Juice	Sticky toffee pud custard or fruit	Jelly/Fruit	Fruit sponge with Custard fruit	Heinz 57

Fresh Fruit & Yoghurt available daily

Drinking Water is Available Daily on the Dining room Tables

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FUEL FOR LIFE