SUMMER MENU 2017 Cambo First School WEEK ONE

☆Homemade Dish

CeCelery

Cereals Containing Gluten

Crustaceans

Eggs

Fish

Lupin

Milk

Molluscs

MI Mustard

Peanuts

N Nuts

Soya

Sulphur Dioxide

Sesame Seeds

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	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	Salmon Bites	Spaghetti Bolognaise	Roast of the Day with Yorkshire Pudding	Chicken Curry	
Potatoes Pasta/Rice	Potato Wedges			Wholemeal Rice	Potato Wedges
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Starters or Sweets	Fruit Muffin with a Glass of Juice	Sponge with Custard	Cream Scone / Jam	Fruit Crumble	Heinz 57





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	Monday	Tuesday	Wednesday	Thursday	Friday
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Main Course Choices	Mediterranean Pasta Bake	Savoury Mince Pie	Roast of the Day with Yorkshire Pudding	Chicken Casserole	Fish Fingers
Potatoes Pasta / Rice	Crusty Bread	Potatoes	Roast Potatoes	Wholemeal Rice	Potato Wedges
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Beans
Starters or Sweets	Chocolate Brownie with a Glass of Milk	Eves or Fruit Sponge with Custard	Cheese and Biscuits	Jelly / Yogurt	Heinz 57
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Salad Bar, Fresh Fruit & Yoghurt available daily **Drinking Water is Available Daily on the Dining Room Tables**



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Sesame Seeds

里	Crustaceans	
4	Eggs	
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N	Nuts
P	Peanuts

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	a <u>s</u>	A 2 0	a 2 1	60 •	*
Main Course Choices	Macaroni Cheese	Mince Pie	Roast of the Day Yorkshire Pudding	Chicken Pie	Oven Baked Sausages
Potatoes Pasta / Rice	Wholemeal Rice	Creamed Potatoes	Roast Potatoes	Crusty Bread	Wedges
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans
Starters or	Sponge And	Sticky Toffee Pudding	Homemade Biscuit	Jelly	Heinz 57
Sweets	© Custard	8 6	with a glass of juice	, , , , , , , , , , , , , , , , , , ,	8 ø €



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